

# OUR IMPACT 2022





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# **Acknowledgement of Country**

Ronald McDonald House Charities North Australia acknowledges and pays respect to the Traditional Custodians of country throughout Australia and their connections to land, sea and community. We pay our respect to their Elders past and present and extend that respect to all Aboriginal and Torres Strait Islander peoples today.

We further acknowledge the Traditional Custodians of the land on which our practical care programs operate, including the Bindal (Birri Gubba people) and the neighbouring Gurumbilbara Wulgurukaba people; the Yirrganydji people, the Larrakia people, the Yuwibara people and the Kalkadoon people.



"I have helped create a warm and welcoming environment for families from all cultures and backgrounds. Symbolising and representing the journeys our families face, in colours that represent where our families come from – the reef, the rainforest and the outback."

- Linda Oliver, Artist





# **Mission**

Our mission is to improve the health and well-being of seriously ill children and their families through practical care programs.



# Vision

Our vision is that all seriously ill children can live their healthiest lives.





#### Supporting local families when they need it most

# A message from our Chair and CEO

2022 gave us new hope, new challenges and new successes to celebrate at Ronald McDonald House Charities (RMHC) North Australia.

One of our proudest moments of 2022 was the official opening of our Ronald McDonald Family Room at Mackay Base Hospital. We extend a special thanks to our partners, Mackay Hospital and Health Service and Mackay Hospital Foundation, for your unwavering support for this new practical care program. We also give our special thanks to Flagon & Dragon Mackay, Fergus Builders, Ronald McDonald House Charities Australia and Mackay McDonald's Licensee, Niki Ramsay, for your dedicated support.

Foremost, we would like to extend our gratitude and acknowledgment to our Board, staff, volunteers, Advisory Group and stakeholders whose dedication and significant contributions allowed us to further our Mission.

Across our five distinct programs, we are proud to support thousands of sick and injured children, and their families, when they need it most. The support we provide for families across the entire North Australia region would not be possible without our dedicated team of volunteers. At RMHC North Australia, our volunteers are the heart of the Charity. Whether it is keeping the grounds clean and tidy or washing the linen at the House, talking to a parent in need of a listening ear, or pushing the RMHC Hospitality Cart through the Mount Isa Hospital, our volunteers are the key to keeping our programs in operation, and we could not do it without them.

At RMHC, our practical care extends beyond a child's time in Hospital through the Ronald McDonald Learning Program. In 2022, we were pleased to see an incredible 113 students provided with free tutoring on the Learning Program. 26% of children supported identified as Aboriginal or Torres Strait Islander, a 2% increase since 2021. We were also delighted to have a local North Australian winner of the RMHC Charlie Bell Scholarship, Will Carland, from Mount Isa. He is excited to be commencing a Bachelor of Biomedical Science at the University of Queensland in 2023. The \$5,000 scholarship funds will make a real difference in giving Will the education boost he deserves after battling leukemia as a child.

At RMHC North Australia, fundraising is critical across every facet of our Charity, from keeping the lights on in our House to our continued program growth. We were humbled by the generosity of our local community; the support extended to our events and appeals, and the unwavering in-kind support our community provides; from essential pantry items, to toys and donated advertising. Our Corporate Volunteers also provide RMHC North Australia with invaluable support, cooking our families meals through our Feast with Friends and Meals from the Heart initiatives. Having access to a nutritious, homecooked meal can make a world of difference for families caring for a seriously sick or injured child.

RMHC North Australia was honoured to again see the renewal of our partnership with long-time supporters, Queensland Country Bank in 2022. We truly value the friendships we have forged with Queensland Country Bank and other countless corporate supporters who continue to make such a significant impact on the Charity.

We also give our heartfelt thanks to our Mission Partner, McDonald's, across North Queensland and the Northern Territory. Their continued support, advocacy and devotion to the Charity throughout 2022 is sincerely appreciated.

We also thank our service partners at Townsville University Hospital, Mackay Base Hospital and Mount Isa Hospital, for prioritising the delivery of wholistic family centred care, hand in hand with RMHC North Australia.

The family-centred care approach facilitates full involvement from the paediatric patient's family members with the health care providers. For families who don't live close to the medical care their child needs, staying close by and involved in their child's treatment helps ease the financial, emotional and physical burden on parents and siblings.

We give thanks to Reconciliation Australia, for their time, their support and their endorsement of our 2022-2024 Innovate Reconciliation Action Plan. We look forward to sharing our progress and the positive impact our genuine commitment to reconciliation will continue to bring to Aboriginal and Torres Strait Islander peoples.

We are so proud to be continuously expanding our programs at RMHC North Australia. In 2023, we look forward to continued Mission delivery, knowing we have the support of our Board, our Aboriginal and Torres Strait Islander Advisory Group, our healthcare partners, employees, volunteers and the entire North Australia community.



Matthew Mason Board Chair RMHC North Australia



**Tamara South**Chief Executive Officer
RMHC North Australia

## **Board Directors**

Matthew Mason, Board Chair

Aileen Cull, Deputy Chair & Treasurer

Janelle Doyle, Secretary

Melanie Blanco, Director

Vicki Carson, Director

Michael Jones, Director

Susan Kinobe, Director

Micheal Luck, Director

Emma Meeking, Director

Michael Muller, Director

Trevor Prior, Director

Paul Rissman, Director

Dr. Andrew White, Director

#### **Keeping Families Close**

## Ronald McDonald House

rooms, sleeping up to 100 per night families accommodated

7,453

months

longest family stay

477

families accommodated

7,453

Providing welcoming, supportive and free accommodation for North Australian families with a seriously sick or injured child, 24 hours a day, 365 days a year.

For families who don't live close to Townsville University Hospital, being able to stay close by and involved in their child's treatment makes an immense difference.

Ronald McDonald House is just a short walk away from Townsville University Hospital and provides essential accommodation and practical support so families can focus on their child's recovery.

#### The Bavister Family

Cairns based parents Alex and Ash Bavister stayed at Ronald McDonald House Townsville when their four and a half month old son, Myles, became seriously ill.

"As a parent of a very sick child, you would sleep in the Hospital waiting room if you had to. But instead, I was greeted with a modern, fresh clean room with everything you could need. It wasn't until the following morning did I realise that RMHC North Australia not only provided parents and families with a room to stay, but a home away from home," Alex explained.

"Being able to spend time with our son Theo and other family members in a home environment away from the Hospital was so important to us at the time.

Tragically, Alex and Ash had to say goodbye to their beautiful baby boy Myles on Wednesday 16th October, 2019.

"Upon returning to Cairns Ash and I felt driven to create good from our loss," Alex explained.

Alex and Ash planned to Adopt-a-Room with RMHC North Australia, with the goal to raise \$5,000. Three years later, thanks to their generous support, and the support of their friends, family and local businesses, such as Norweld, Goodstart Kanimbla Daycare and the Bresnahan Foundation, the family have raised \$50,000. This equates to 10 years of Adopt-a-Room sponsorship. Alex and Ash are determined to continue their fundraising journey for Myles.

"Our drive to continue to fundraise for such an impactful Charity is not only to have Myles' name on a plaque, but it is to ensure this amazing and irreplaceable service is available to any future family that needs it," Alex said.



#### A Home within the Hospital

# Ronald McDonald Family Room

Giving families with a seriously sick or injured child a place to relax and recharge, without leaving the Hospital.

The Ronald McDonald Family Room program provides a refuge for families visiting or staying with a child in Hospital.

The Family Room is where families can step away from the often clinical environment of the Hospital, and instead enter a calming, welcoming and homelike space.

The Ronald McDonald Family Rooms at Townsville University Hospital and Mackay Base Hospital are equipped with a kitchen, lounge room, laundry, bathrooms, sleeping rooms and play areas.



Thanks to the generous support of the local Mackay, Isaac and Whitsunday community, RMHC North Australia proudly opened the Ronald McDonald Family Room at Mackay Base Hospital on Thursday the 8th December, 2022, after three years of fundraising. This new facility is the first of its kind in Mackay.

16,154 total visits



2,491

families supported

"We as a family have spent a lot of time in and out of Hospitals, and honestly, without Ronald McDonald House Charities, I do not know how we would have coped. I am extremely excited to see that Mackay Base Hospital now has a Family Room. I know that we will get so much use out of it and I know so many other local families who will also benefit from this fantastic Charity."

# - Amy Forrester, Mum to Juliet Forrester (both pictured right).

RMHC North Australia is forever grateful to the Mackay, Isaac and Whitsunday community, from individual donors to corporate sponsors, for their generosity in supporting the campaign to bring the Ronald McDonald Family Room program to Mackay Base Hospital (see page 24 for full list of sponsors).



#### Getting better shouldn't mean falling behind

# Ronald McDonald Learning Program

Many children who have been seriously sick or injured are forced to be absent from school for a significant length of time while they focus on getting better. This can lead them to fall behind in their education. Returning to the classroom can be tough – both academically and socially.

The Ronald McDonald Learning Program provides children who have suffered a serious illness or injury with up to 40 hours of free, one-on-one tutoring with a qualified teacher. Children are paired with a teacher who is best suited to their learning style and educational needs.

Learning Program students

304 children were supported with Learning Legend craft activities over 73 different sessions



of children supported identify as

26%

77 Tutors

identify as
Aboriginal or
Torres Strait
Islander



# Will's story - RMHC Charlie Bell Scholarship recipient

The annual RMHC Charlie Bell Scholarship provides grants of \$5,000 to students between the ages of 15 – 20 years old to assist them with their tertiary education.

Will was diagnosed with leukemia as a young child. As a result, he has been in and out of Hospital most of his life, causing him to miss a significant portion of his schooling.

"Missing that much school has made it really hard to keep up, but I am lucky enough to have fantastic support from my teachers and family to get me through. I want to give back to my community [in Mount Isa] in the way of being able to provide help for all those who need it, the patient and the family. To be able to bring my knowledge back to my rural area, to help provide excellent health care to Aboriginal and Torres Strait Islander people. My parents have put a lot of their lives on hold for me and financially have gone through a lot, I would love to be able to help with the help of this scholarship."

#### - Will Carland

### A holiday for families who need it most

# Ronald McDonald Family Retreat

The Ronald McDonald Family Retreat at Palm Cove offers families a week-long holiday, where they can relax, recharge and reconnect together as a family.

When a child is sick, their complex medical needs can take a toll on the family. Taking the time to be together, in a relaxing environment, plays an important role in family-centred care.

19

Where families travelled from to stay at the Family Retreat



49

families treated to a week-long holiday



343

Family Retreat nights provided

#### **Ruby & Lincoln's story**

Both of Rebecca's children, Ruby and Lincoln, have endured many years of illness.

"Our family were extremely grateful to stay at the Ronald McDonald Family Retreat in Palm Cove. The retreat was absolutely beautiful, as was the location," Rebecca told us.

The family has visited Ronald McDonald House Newcastle and Ronald McDonald House Greater Western Sydney 38 times across both Houses, over 14 years, to treat both children's severe illnesses.

"Our last extended stay at [Ronald McDonald House Newcastle] was for my daughter Ruby, who had to have open brain surgery.



#### Practical support, direct to families

# **RMHC Hospitality Cart**

Children receiving treatment at the Hospital can experience a range of emotions, from fear, to boredom, to loneliness. The RMHC Hospitality Cart provides practical support and comfort to sick children and their families at Mount Isa Hospital.



Our dedicated team of Volunteers take the RMHC Hospitality Cart through the Paediatric Ward and Special Care Nursery, delivering care items to sick kids and their families, including:

- Boredom-busters such as books, craft activities and entertainment for patients, siblings and their family, as well as learning activities and resources with a patient focus, to help reduce the educational impact of missing learning milestones
- Practical care items such as toiletries and comfort items including eye masks, earplugs and socks for families
- Snacks and beverages

# **Queensland Country Bank**

The smooth operation of the RMHC Hospitality Cart is largely thanks to the generous support of our Charity Partner, Queensland Country Bank, who take time out of their week to deliver care items from the Cart to sick and injured children at Mount Isa Hospital.



"We have several staff who Volunteer to go up to the children's ward on a weekly basis. Mount Isa was the first region to provide the RMHC Hospitality Cart service, and it is a privilege and an honour to be involved with this worthy cause. We love what RMHC North Australia provide to all families with sick children. Seeing the children's faces light up when we visit is awesome. I feel we make a difference and Queensland Country Bank supporting this program is amazing to give us the opportunity to help our community families."

Narelle Preston, Personal Banking Team Leader, Queensland Country Bank

#### Thank you Kenfrost Homes

# **Dedicated Supporters of Sick Kids**

RMHC North Australia relies on the generosity of our community and corporate sponsors to continue our support for seriously sick and injured children in our region. Kenfrost Homes have shown RMHC North Australia an unwavering level of support again in 2022.

After the Queensland flooding in 2022 threatened the viability of RMHC North Australia's biggest annual fundraiser, Kenfrost Homes donated an incredibly generous \$70,000 to ensure the event could take place.

The week-long Kenfrost Homes Rivers of Gold Charity bike ride took place between the 20th - 27th August 2022. A team of 21 riders cycled their way through Far North Queensland, covering 500 kilometres, with every pedal forward for sick kids.

As well as sponsoring the ride, two of the ride participants were Kenfrost Homes team members; Alex Loughton, Marketing Coordinator, and Adam Gowlett, General Manager. Together, they raised over \$11,000; an outstanding effort. Loughton also committed to shooting, editing and publishing content every single day of the ride, keeping donors engaged and providing the Charity with a suite of invaluable material to market the fundraiser in 2023.

All in all, the Kenfrost Homes Rivers of Gold ride raised an outstanding \$206,000 for RMHC North Australia. We are deeply grateful to Kenfrost Homes for making this ride possible.

We are also thankful to Kenfrost Homes for their continued support in 2022, including a further significant donation in December, to ensure all families could have the best Christmas possible.

The dedicated support of Kenfrost Homes has made a real difference for families utilising RMHC North Australia's practical care programs to improve the wellbeing of their seriously sick or injured child.



# Thank you!





# Families S



**Darwin** 

22%

of children on the Ronald McDonald Learning Program were from the Northern Territory.



of families supported across our five programs were from the North

West region.

Mt Isa Hospital is where the first RMHC Hospitality Cart in Australia was launched.



# upported



2022

16%

of families supported across our five programs were from the Cairns and Torres region.

Cairns is home to the Ronald McDonald Family Retreat in Palm Cove.

**Cairns** 



54%

of families supported across our five programs were from the Townsville region.

Ronald McDonald House in Townsville welcomed 477 families. 29% identified as Aboriginal or Torres Strait Islander.

The Ronald McDonald Family Room at Townsville University Hospital celebrated its 5th birthday on December 15th, 2022.

**Townsville** 

Mt Isa

17%

of families supported across our five programs were from the Mackay, Whitsunday and Isaac region.

The Ronald McDonald Family Room at Mackay Base Hospital opened in December 2022.



Mackay

# Our Generous

Our donors, individual and corporate sponsors, community fundraisers and regular givers all share a united goal to improve the lives of seriously ill and injured children in their region. The incredibly generous people across North Australia who choose to support local sick kids ensure we can continue our Mission. We were proud to hold a range of meaningful events in 2022, and honoured by the response from our community of supporters.

#### 'Hands-On' Help

#### **Feast With Friends**

Our Feast with Friends corporate volunteering events invite local organisations and community groups to cook up a feast for families staying at Ronald McDonald House.

"Feast with Friends gives our business a great opportunity to give back to the community, and support the efforts of such an amazing organisation! The team always has a great

time, and it's so important to hear and acknowledge the stories of all the beautiful families, and have the opportunity to be a small support along their journey!"

- Giovanni, Ray White Townsville





"There's frozen meals ready for every family who comes through the door."

- Casey, RMHC North Australia Family

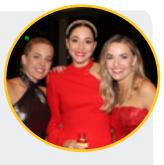
Meals from the Heart sees community groups and organisations meal prep nutritious meals into single serve containers, which are placed into our communal fridges and freezers, so that families staying at Ronald McDonald House and accessing the Family Rooms have access to a home-cooked meal at any time they need.

#### **Townsville Charity Gala**

On the 11th June, 2022,

Townsville followed the yellow brick road to attend our RMHC North Australia Feel Good Events & Party Hire Charity Gala. The Wizard of Oz themed event took place at the stunning Ville-Resort Casino.

388 generous people attended our Charity Gala. Together, they raised almost \$200,000 for local families relying on RMHC North Australia. Special thanks to Glenn Mintern and Giovanni Spinella for their outstanding support on the night.

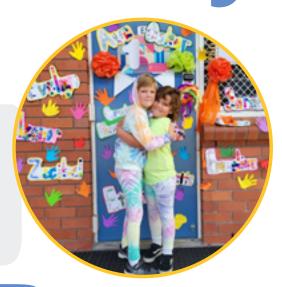




# s Community

#### **Colours for the Kids**

The 2nd annual Colours for the Kids fundraiser on Friday, 18th March saw regional cities across North Australia get colourful to show their support for sick kids. Local businesses held colourful morning teas, schools put on free dress days and cities lit up in colour to support the Charity. The soldiers at The 1st Battalion, The Royal Australian Regiment (1 RAR) also generously stationed themselves across McDonald's restaurants in Townsville collecting donations.



#### **RMHC North Australia Charity Golf Day**

The 22nd Annual New Home Solutions Charity Golf Day supporting RMHC North Australia was another incredible success! Thanks to our Major Sponsor, New Home Solutions QLD, our hosts Rowes Bay Golf Club, our generous sponsors, teams, donors, amazing volunteers and dedicated Golf Day committee, the 2022 event raised \$47,000 for local families with sick kids.

#### Help our Little <u>Heroes</u>

1 RAR generously bring our annual Help our Little Heroes campaign to life every year. For seven days in August, soldiers were stationed across Townsville retailers, community clubs and McDonald's restaurants, shaking buckets and collecting donations. They closed the fundraiser by donating an additional \$1,500 to RMHC North Australia. 1 RAR's efforts raised an outstanding total of over \$42,200 for local families cared for by RMHC North Australia.





#### **Social Media Performance**

- 11,746 followers across social media platforms (+5.82% YOY)
- 797,780 reach (+89.18% YOY)

#### **Media Coverage**

- 1,068 total media mentions across print, online, radio, and TV
- 196 unique media mentions





#### More than a helping hand

# **Our Volunteers**

Volunteers at RMHC North Australia are so much more than a helping hand – they are our league of everyday superheroes.

Our incredible team of 203 volunteers is made up of retirees, students, professionals, mums, dads and grandparents; who all bring unique backgrounds and life experience to the RMHC North Australia team.

We were proud to have recruited 38 volunteers in 2022 to support the new Ronald McDonald Family Room at Mackay Base Hospital, which officially opened December 8th, 2022.

RMHC North Australia Volunteers donated more than 15,000 hours of their time across our programs in 2022, an outstanding display of their tireless commitment to the Charity and local families in their greatest time of need.

"The wonderful volunteers were only too happy to help and have a chat."

- Sarah Purvis, RMHC NA Family



#### Thank you!

We could not do what we do at RMHC North Australia without our incredible volunteers.

"I wanted to be able to help in some way. I've made some really good friends here among the other volunteers, they're a lovely bunch."

- Diana, RMHC NA Volunteer





Corps

#### Fostering a culturally safe environment

# **Innovate Reconciliation Action Plan**

RMHC North Australia is committed to ensuring all First Nations people feel welcome and culturally safe when using our practical care programs.

With a large proportion of our families identifying as Aboriginal or Torres Strait Islander, providing a respectful and inclusive environment where all families feel supported is critical.

We furthered our commitment to Reconciliation in 2022, with the release of our Innovate Reconciliation Action Plan (RAP) August 2022 - August 2024. We thank Reconciliation Australia for their support and formal endorsement of our second RAP.

The development of our second RAP marks the next step in our reconciliation journey, detailing our continued commitment to the key pillars of reconciliation - relationships, respect, opportunities and governance.

We look forward to sharing our progress and the positive impact our genuine commitment to reconciliation will continue to bring to Aboriginal and Torres Strait Islander peoples.

A large proportion of parents and children relying on RMHC North Australia identified as Aboriginal or Torres Strait Islander in 2022:

29% of families who used Ronald McDonald House

of families who used the Ronald McDonald Family

Room

26%

of students on the Ronald McDonald Learning Program

"We feel comfortable being at Ronald McDonald House. Jakoby loves it. It makes him feel like he is at home. There are plenty of things to do, and it's just a hop skip and jump to the hospital."

Zanna, Jakoby's Mum

Scan the QR code to read our Innovate RAP August 2022 -August 2024.



"Reconciliation is an action. So, we action what we need to do; to help our families, our children that come here; our First Nations people, to make them feel comfortable and culturally safe.

It's all about moving forward, we want to move forward together with our First Nations people."

Trevor Prior, RMHC North Australia Board Director & Advisory Group Member





# Thank you

# **Our Partners**

Thanks to you, we were able to provide essential practical support services to thousands of seriously ill and injured children, and their families, in 2022. We extend our heartfelt thanks to all of our dedicated partners.

#### **Charity Partner**



#### Townsville 2023 RMHC North Australia Charity Gala



7 Townsville

Absolutely Dental

#### WIN Townsville

- Air North
- Carmichael Ford
- Cristina Davis
- Explore Property
- Protection Plus Security
- PSNQ Networking
- Reguson Property& Travel Group
- Rennick Lawyers
- Sharon Lancini
- The Ville
- Anelay
- Colliers International
- Emma Meeking
- · Janelle Doyle
- Mackey Wales Law
- North Queensland Cowboys
- Northern
   Anaesthesia &
   Perioperative
   Support Services
- OMD
- Page & Pearce

- Paradise Outdoor Advertising
- Parcorp Group
- Pickerings Auto Group
- Tony Casey Painting
- Townsville Foster & Rehoming Animals
- Townsville University Hospital Children's Services
- · Vicki-Leigh Lettice
- Westpac
- Wilmar Sugar

#### **Mission Partner**



Ronald McDonald Family Room at Townsville University Hospital Sponsors









Family of Kylie Fairburn

George and Lorraine Colbran



#### Ronald McDonald Family Retreat

- Big Cat Green Island Reef Cruises
- Kenfrost Homes
- McDonald's
- The Boutique Collection

# Thank you

# **Our Partners**

#### **Townsville Charity Golf Day 2022**



- 7 Townsville
- Aligned Insurance
- All Finanz Group
- Anelay
- Brush and Broom Supplies NQ
- Carmichael Ford
- Colliers International
- Dav Electrical
- Evolution Financial
- · Gallagher Australia
- Jeff Winter Automotive
- Jewellery By Design
- Legal Sense NQ
- Mackay Wales Law
- McDonald's Emma Meeking
- McDonald's Janelle Doyle
- Morello Electrical

- Multicom
- Nautilus Aviation
- North Queensland Cowboys
- Northern Airconditioning
- Opteon
- Page & Pearce
- Paradise Outdoor Advertising
- Parcorp Group
- Pickerings Auto Group
- Ponti Partners
- Queensland Country Bank
- Rowes Bay Golf Club
- Tropic Petroleum
- Wilmar

#### Adopt-a-Room | Ronald McDonald House

- Absolutely Dental
- Absolutely Face & Spa
- Bell & Moir Toyota
- Donohues
- Family of Matilda Jane Jempson
- Filby's Motors
- Glencore (Clermont Open Cut)
- Jankovic Property
- John Gribbin Realty
- Linmar
- McDonald's Darwin Central & Stuart Park
- McDonald's Innisfail & Gordonvale
- Murphy's Construction & Maintenance

- Mt Isa Mining Supplies
- Phillip Thompson OAM MP
- Raquel Barbi, John Crozzoletto & Family
- · Ray White Townsville
- The Bavister Family (Myles' Room)
- The O'Brien Family
- · The Stanton Family
- Townsville Business Challenge Inc.
- Townsville Combined Motor Club Swap Meet

#### **Help our Little Heroes**

- McDonald's Townsville
- The 1st Battalion, The Royal Australian Regiment (1 RAR)

#### **Rivers of Gold Charity Bike Ride**



- Fowler's Group
- GoTransit
- Hielscher Electrical - Solar Energy
- Pump 'n' Pedals
- McDonald's
- Rowe Design Gold &

Silversmith

 Wholesale Paint Group

VIS Constructions



## **Our Partners**

#### Ronald McDonald Family Room at Mackay Base Hospital Founding Sponsors



#### Mackay Hospital Foundation

Fergus Builders Glencore McDonald's Mackay MM Electrical

- Aurizon
   Community
   Giving Fund
- Coalroc
- Global Product Search
- Harrup Park Charitable Foundation
- Honda Foundation
- Key Solutions Group
- Mackay Rod & Custom Club
- Sacca Heavy Repairs
- Ted and Jackie Dennis

- BHP
- CQ Field Mining Services
- Daily Mercury
- DavKat Heavy Haulage
- DGH Engineering
- Global Civil and Mining Holdings
- Hastings Deering
- Mackellar
- Mackay Sugar
- Macrossan & Amiet Charitable Foundation
- NQ Bulk Ports
- Porter's Mitre 10
- S & S Heavy Haulage
- · Wilmar Sugar
- The Zammit Family

**Community Event Contributions** 

- M & P Services
- Mackay Basketball
- Mackay Regional Council
- Rotary Club of Mackay



#### What can you do?

# How to Help Local Sick Kids

#### **Donate**

You can make a one-off donation, start regular giving or leave a bequest in your will. Head to our website or contact us to make a donation.

#### nafundraising.rmhc.org.au/donate-na





#### **Become a Partner**

We have a variety of partnership opportunities available. From sponsorship, to corporate volunteering, to in-kind giving and workplace giving, we have many ways your organisation can give back to the community. Call or email us to learn more.

#### Volunteer with us

We couldn't achieve what we do without the invaluable help and contribution of our volunteers. Head to our website to apply to volunteer with RMHC North Australia, we'd love to have you on board!



Scan to volunteer rmhc.org.au/volunteer

#### Fundraise for us

If you love giving back, you can set up a fundraiser for RMHC North Australia. Host a silly sock day, quiz night, high tea – the choice is yours! Contact us or head to our website to register to fundraise with us.



Scan to fundraise rmhc.org.au/chapter-landing/na

Every cent donated and fundraised for RMHC North Australia stays local, directly supporting thousands of seriously ill and injured children in our region. Thank you!

#### Take part in an RMHC North Australia Event

We have many events of our own throughout the year, from Charity bike rides to fun runs and more. Keep up to date with our events by heading to our website.

#### rmhc.org.au/our-chapters/rmhc-northaustralia#events





#### Talk to us

Follow us on social media to keep up with family stories and Charity news.



@rmhcnorthaustralia



@rmhcnorthaustralia



RMHC North Australia



@rmhcnorthaustralia



@rmhcnorthaustralia

#### **Contact us**



07 4775 5600



rmhc.org.au/na



na@rmhc.org.au







#KeepingFamiliesClose www.rmhc.org.au/na